



Floral Roundabout

Autumn 2026

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Cover photo courtesy of Sophie Urwin (Age 11)



Chairmans Chat – Autumn 2026

Hello and welcome to the autumn edition of our online Roundabout.

I do hope you all had a great time over summer and are now eagerly awaiting the start of your club's autumn sessions and our show at

Cupar Corn Exchange on October 9th and 10th and our AGM on November 18th.

Firstly, an important update on the NAFAS Reorganisation.

This reorganisation will affect every member of NAFAS and therefore also us, in SAFAS. Files to help explain the reasoning and what is being suggested continue to be sent to all club chairmen along with the usual Council Minutes. Some more questionnaires are due to be sent out shortly, please Chairmen give your members the information and the opportunity to complete the questionnaires and give all our members the chance to give their own opinions to NAFAS.

Remember the changes are coming - if you don't participate, what NAFAS and therefore SAFAS become may not be to your liking!

Thank you to all who went to Dunfermline for the fabulous Flower Festival and to all who came to our celebration lunch – a great time was had by all.

Our final big event of our 70th Anniversary Year is our biennial Competitive Show being held again at the Corn

Exchange in Cupar. The show will be open to the public on Friday 9th and Saturday 10th October.

Cupar is very easy to get to with good rail connections, and a huge free carpark very close, so another grand day out. We will have the exhibits, and mini demonstrations and talks in the upper hall and teas and cakes and trade stalls in the lower hall. This is a great way to have a catch up with friends from other clubs.

We really do need your support to make the show a success and remember many of our demonstrators start their floral careers as show competitors. The previous show in Cupar was a great success and everyone who came really enjoyed themselves.

I will be particularly looking out for all the entries in the Photography Competition - especially Class 11.

“NOSTALGIA - A photograph of your favourite exhibit from a SAFAS Show or Festival.”

There were fabulous exhibits at the Flower Festival - surely you have some great photos to enter into our competition – closing date has been extended to September 30th.

Now, on to our SAFAS Website as a few clubs have asked about it. We are struggling to get this resolved but we are still working on getting access and getting a new web-master.

Meantime please can we ask that you post your information on events and happenings in your club on our face book page - Friends of SAFAS or ask Margaret Scott to help you. Also, here in the Roundabout. We

have now more people getting the email version than had the printed copy. Sandra will be delighted to hear from you

Won't it be grand to get back to our club meetings again.

Yours in friendship and flowers

Shelagh

Editorial



The weather has certainly changed, and the nights are fair drawn' in. I hope you have had a successful summer and managed to enjoy the weather. Though the west coast seems to have had a lot of rain. The clubs are just starting back and seem to be enjoying the first of their meetings. We look forward to another year of fun, friendship and flowers.

I would urge all of the members to send me articles for the Floral Roundabout. I have not had as many articles as I would have hoped so please do keep them coming. This is your magazine.

I will close by wishing you all a successful and pleasant year ahead.

Yours in fun, friendship and flowers.

Sandra



DECK THE HALLS

An Exhibition of Floral Art



FRIDAY 6TH NOVEMBER

♦ ——— *and* ——— ♦
SATURDAY 7TH NOVEMBER

10:00am – 4:00pm

RED LION LEISURE SUITE
DUNDEE ROAD, ARBROATH



CHRISTMAS
THEMED
FLORAL EXHIBITS



MINI WORKSHOPS
AND
DEMONSTRATIONS



CRAFT STALLS
WITH UNIQUE
HANDMADE GIFTS

ADMISSION: £5.00



Includes refreshments



Stonehaven & District Floral Art Club

Stonehaven were presented with a wonderful demonstration by John McDonald.

John has come back to live in Scotland after 6 years in Hungary. Although he has been back for a while he is enjoying being back in Scotland and taking pleasure in some cooler weather.

The title of his demonstration was 'Indian Summer'. He opened with a beautiful display balanced on a marvellous ceramic elephant footstool.

We went on a picnic, had an ice cream and thoroughly enjoyed our journey through an Indian summer. Autumn baskets and fruits were also present.



Flower Festival Update

After our brilliant Flower Festival in May this year our own Linda Soutar was able to present donations to two different charities.

The donations were presented by Linda in June this year as a result of the Flower Festival. For your information the lady on the left is Mary Ann Rennie, the minister of the Abbey Church of Dunfermline and the other is a Mrs Alison Rennie who is a community fund raiser for CHAS. Both recipients received £500 from SAFAS.

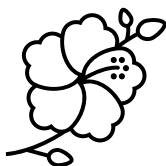


Quiz

1. First sign of a white Christmas (8)
2. A wise man (4)
3. You may see this in the blink of an eye (4)
4. Is she shrinking? (6)
5. Clinging female (3)
6. What did 'Ben rave' about? (7)
- 7.. She likes 'keeping up appearances'
8. You might have this on your hands when you've finished gardening (5)
9. You 'split' these bulbs to propagate
10. Prudence (6)
11. Jeer at this fruit (4, 6)
12. Nearly top of this football league (7)
13. What is our 'main goal' about?
Answering this clue of course
14. Chris Hoy & Chris Frome often slightly muddled can be described as this (8)
15. Sizzling card game (3, 3, 5)
16. Did this summon Thomas Beckett to his death? (10, 4)
17. Picture this legendary Welsh creature (10)

18. A clean sweep with this plant (5)
19. Female singer/songwriter born in 1979 (4)
20. 'Stare' hard to see this flower (5)
21. The Universe (6)
22. Is my ding-a-ling depressed? (8)
23. Watering can attachment (4)
24. Did she get hitched on a tandem? (5)
25. Females cloak (5, 6)
26. Rubber gloves? (9)
28. Symbol of remembrance (5)
29. Go faster, better (9)
30. Remember (6,2,3)
31. 'Vain to the core' (8)
32. All alone in the onion patch (7)
33. US state climber (7)
34. Up early to 'egg on' this songbird (8)
35. This 'proper' English lady is out late in the day (7, 8)
36. At its best between dawn & noon (7, 5)
37. Has she been involved in a punch up? (5,4, 5)
38. National flower of Mexico (6)
39. Assume this position to meditate (5)
41. Head gear of a man of the cloth (9)

42. Canine coppice (7)
43. Sweet food nurtured by bees (11)
44. There are definitely strings attached to
this plant (5)
45. Whether they are green or blue, when I
am Queen, you will be my King (8)
46. Shy and introverted especially at parties
(10)
47. 'All is ready for Mary' (9)
48. Our late Queen always had much to do
(4, 6)
49. Beside the lake beneath the trees
fluttering and dancing in the breeze (9)
50. 24 hours and she's gone! (7)



SAFAS 70th Anniversary Lunch

On the 14th June 2026 some of us were lucky enough to attend SAFAS 70th Anniversary lunch at the Inchyra Grange Hotel & Spa.



Following a wonderful 2 course lunch a beautiful cake made and decorated by past chair Linda Soutar was cut. We were then treated to a fantastic demonstration by Jo Purdy. Jo's title was Mamma Mia-Tales from a Greek Island. We were treated to music from the movie and flowers which more than matched the songs.





Chair of SAFAS, President of NAFAS and former chairs cutting the cake.



Thank you to everyone involved in this event for their commitment and hard work in making this Anniversary Lunch such a success.





Photographs courtesy of Allan Forrest

More photos from Flower Festival









SAFAS

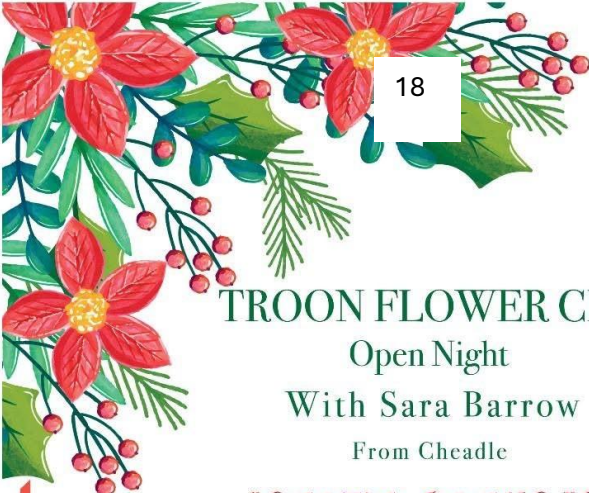
**Scottish Association of Flower
Arrangement Societies**

**Let your creativity bloom by
training to become a SAFAS Area
Demonstrator**



Demonstrations play a key role in flower club programmes, with each demonstrator creating a variety of bespoke floral displays, ranging from classical to contemporary, often inspired by nature or a trendy new idea. Flower club members and visitors can enjoy a 'live show' that combines art, flowers, foliage, and theatre.

SAFAS are planning to hold training days in 2027. If you are interested, then please contact the Demonstrators Representative, Jane Gordon for information jpflowers.jg@gmail.com



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TROON FLOWER CLUB

Open Night
With Sara Barrow

From Cheadle

*"SANTA CLAUS IS
COMING TO TOWN"*

17th November 2026

7.30 pm

In
Walker Hall
Troon
KA10 6EF

Tickets £10

(payment can be made at the door)

Contact: Audrey 07855246313



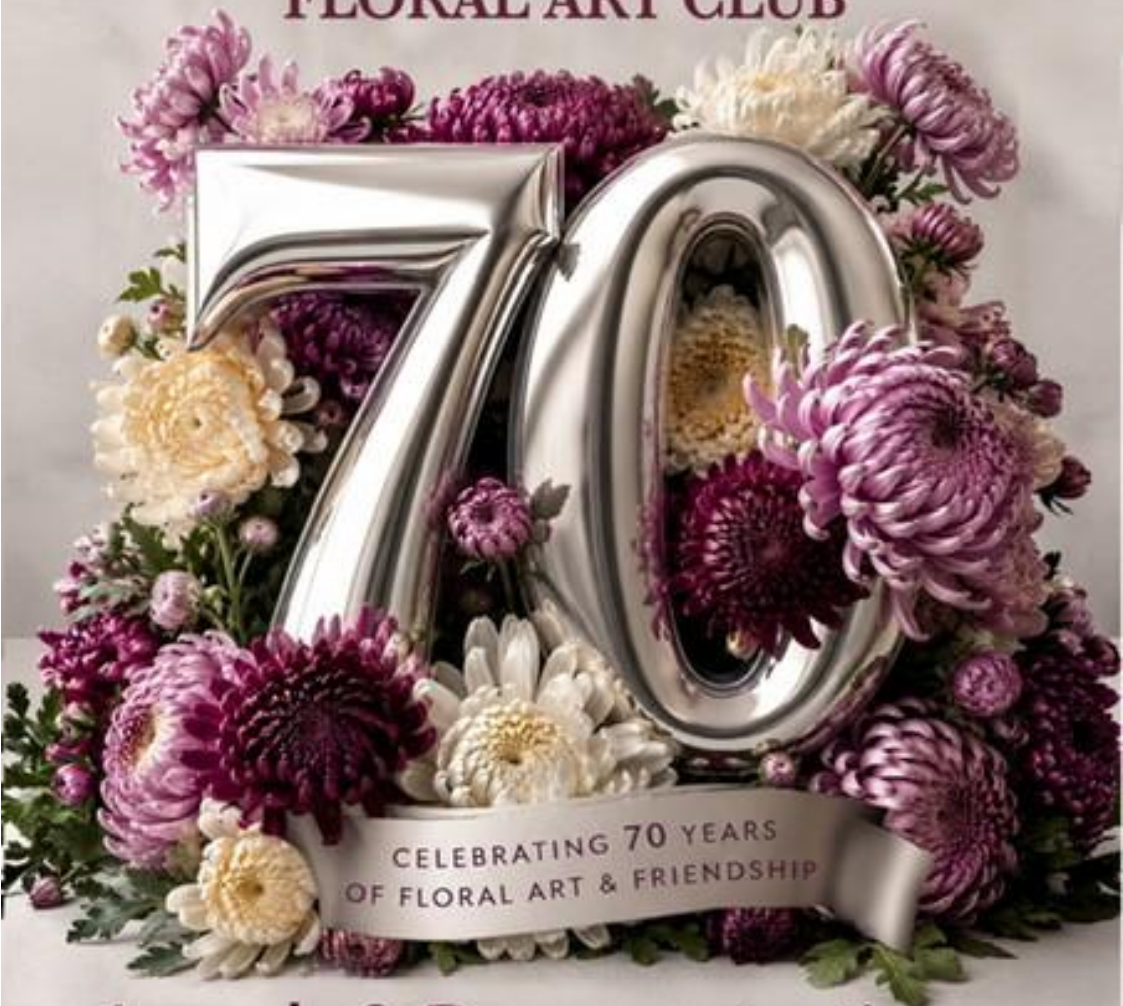
Quiz Answers

1. SNOWDROP
2. SAGE
3. IRIS
4. VIOLET
5. IVY
6. VERBENA
7. HYACINTH
8. THYME
9. TULIPS
10. THRIFT
11. MOCK ORANGE
12. CAMPION
13. MAGNOLIA
14. CYCLAMEN
15. RED HOT POKER
16. CANTERBURY BELL
17. SNAPDRAGON
18. BROOM
19. PINK
20. ASTER
21. COSMOS
22. BLUEBELL
23. ROSE
24. DAISY

25. LADYS MANTLE
26. MARIGOLDS
28. POPPY
29. SPEEDWELL
30. FORGET ME NOT
31. VERONICA
32. PETUNIA
33. MONTANA
34. LARKSPUR
35. EVENING PRIMROSE
36. MORNING GLORY
37. BLACK EYED SUSAN
38. DAHLIA
39. LOTUS
40. MINT
41. MONKSHOOD
42. DOGWOOD
43. HONEYSUCKLE
44. VIOLA
45. LAVENDER
46. WALLFLOWER
47. AMARYLLIS
48. BUSY LIZZIE
49. DAFFODILS
50. DAYLILY

CUPAR

FLORAL ART CLUB



Lunch & Demonstration
by Deb & Louise

Cupar Corn Exchange
Sunday 16th May 2027 at 12.30 pm

Lemon Drizzle Cake

Ingredients

- 225g/8oz unsalted **butter**, softened, plus extra for greasing
- 225g/8oz **caster sugar**
- 4 **eggs**
- 225g/8oz **self-raising flour**
- 1 unwaxed **lemon**, zest and juice
- 85g/3oz icing sugar

Method

1. Preheat the oven to 180C/160C Fan/Gas 4.
Grease a 900g/2lb loaf tin with a little butter and line with baking paper.
2. Tip the remaining butter and the caster sugar into a food processor and blend for a few seconds.
Add the eggs one at a time, blending after each addition. Add the flour and lemon zest and blend until smooth.
3. Pour the cake mixture into the lined baking tin, flatten the top with the back of a spoon and bake for 50–55 minutes.
4. Meanwhile, stir together the lemon juice and icing sugar. When the cake has cooled a little, poke holes in the top using a skewer, chopstick or a piece of raw spaghetti. Drizzle over the icing, set aside for a few minutes to cool, and serve.

What's On

2026

- 23 Sep SAFAS Meeting, Station Hotel, Perth. 11am
- 24 Sep Teachers Association (AGM) Meeting in Station Hotel, with Regina O'Regan, 1030 for 11am
- 9-10 Oct SAFAS Area Flower Show, Corn Exchange, Cupar
- 6-7 Nov Arbroath Flower Club. Deck the Halls, an exhibition of flower arranging with a Christmas Theme.
- 15 Nov Cunninghame Flower Club. Open Afternoon Tea & Demonstration. Jo Purdy presenting "Christmas is Coming". 2 -5pm. Tickets £15 from Brenda, 07496 528234
- 17 Nov Troon Flower Club. Open night. Sara Barrow presents 'Santa Claus is Coming to Town '. (See page 19)
- 18 Nov SAFAS Council Meeting and AGM
- 25 Nov Teachers Association Meeting in St Thomas's Church, Corstorphine, Edinburgh. Presenter: Linda Soutar. 10.30 for 11am please bring a cup and packed lunch.
- 10 Dec Arbroath Flower Club 40 th Anniversary Celebration with John McDonald. Demonstration by John McDonald followed by a 40th Anniversary celebratory meal. Red Lion Leisure Suite, Dundee Road, Tickets £35.00 from the Secretary Lesley Nicoll Tel no. 07596 558726

2027

May 16 Cupar Floral Art Club. Lunch & Demonstration
(see page 22)

Deadline Dates

February Council 29th January

May Council 29th April

September Council 29th August

November Council 29th October

Email: sandralennox51@gmail.com